

TEAM BUILDING

ABOUT THE COURSE

During our career, we are all required to work with others to reach a desired goal, and while being a part of a team can be rewarding, it can also offer challenges. Research shows that building a more positive team in the workplace makes a significant difference in both an employee's success and well-being. This can have a significant impact on the success of your team, and organization.

This one-day workshop discusses the skills and behaviors that are necessary to develop a cohesive team that can work together to build success.

UNDERSTANDING TEAMS

- What Is the Definition of a Team?
- How Do People Feel About Being on Teams?
- Why Do Teams Fall Apart?
- Examples of Successful Teams

TEAM DEVELOPMENT MODEL

- Forming
- Norming
- Storming
- Performing

DIVERSITY

- Advantages
- Complexity
- Conflicts
- Encourage Individuality
- Case Study
- Module Five: Review Questions

VISION AND GOALS

- Creating Vision
- Shared Vision
- SMART Goals
- Collaboration

ROLES

- Establishing Roles
- Taking
- Making
- Avoid Power Struggles
- Leadership roles



DEVELOP COHESION

- Sense of Exclusivity
- Connect Beyond Work
- Outside Competition
- Focus on Consensus

BUILD RELATIONSHIPS

- Respect
- Empathy
- Open Communication
- Share Credit

DIRECTION OF TEAM

- Charter
- Task Orientation
- Monitor Performance
- Giving and Receiving Feedback